CEDAR FALLS SCHOOLS Riverhills Lunch HHFKA 9-12 (age 14-18)

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1	Oct 2	Oct 3
		Pizza Hut Cheese Pizza	Walking Tacos (E)	Cheeseburger on a Bun
		Batter Crispy Green	Lettuce Taco Cup	Baked Beans
		Beans	Mandarin Oranges	Assorted Can Fruit
		Wild Blueberries w/whip	Assorted Milk	Assorted Milk
		topping	Assorted Juice	Assorted Juice
		Assorted Milk	Taco Sauce Packet	Ketchup
		Assorted Juice	Sour Cream	Mustard
		Ranch Cup	Ranch Cup	
Oct 6	Oct 7	Oct 8	Oct 9	Oct 10
Cinnamon Glazed French	Chicken Nuggets	Pizza Hut Cheese Pizza	WG Breaded Chicken	NO SCHOOL
Toast Sticks (IW)	Garlic Breadstick	Romaine Lettuce	Sandwich	
Sausage Patty	Mashed Potatoes W/Gravy	Pot of Gold Pineapple	Baked Beans	
Hashbrown Patty	Chicken Gravy	Assorted Milk	Crispy Apple Slices	
Razzle Dazzle Berries	Applesauce Cup	Assorted Juice	Assorted Milk	
Assorted Milk	Assorted Milk	Ranch Cup	Assorted Juice	
Assorted Juice	Assorted Juice		Ranch Cup	
Syrup Cup	Ketchup		Ketchup	
	Ranch Cup			

Monday	Tuesday	Wednesday	Thursday	Friday	
Oct 13	Oct 14	Oct 15	Oct 16		Oct 17
Tony's Pepperoni Pizza	Chicken Crispitos w/	Pizza Hut Cheese Pizza	Rotini w/ Beef Sauce	Hot Dog on a Bun	
Malibu Classic Vegetable	Quesco Sauce	Sliced Cucumbers	Garlic Breadstick	Rosemary Roasted Potatoes	
Sunshine Peaches	Cheese Sauce	Applesauce Cup	Romaine Lettuce	Chocolate Chip Cookie	
Assorted Milk	Refried Beans Topped	Assorted Milk	Fruity Slushie	Assorted Can Fruit	
Assorted Juice	with Cheese	Assorted Juice	Assorted Milk	Assorted Milk	
Ranch Cup	Mandarin Oranges	Ranch Cup	Assorted Juice	Assorted Juice	
	Assorted Milk		Ranch Cup	Ketchup	
	Assorted Juice			Ranch Cup	
	Taco Sauce Packet				
	Ranch Cup				
Oct 20	Oct 21	Oct 22	Oct 23		Oct 24
Chicken Tenders	Mini Turkey Corn Dogs	Pizza Hut Cheese Pizza	WG Breaded Chicken	Pizza Crunchers	
Garlic Breadstick	Steamed Golden Corn	Sliced Cucumbers	Sandwich	Malibu Classic Vegetable	
Baked Beans	Sunshine Peaches	Mandarin Oranges	Steamed Mixed Vegetables	Assorted Can Fruit	
Applesauce Cup	Assorted Milk	Assorted Milk	Crispy Apple Slices	Assorted Milk	
Assorted Milk	Assorted Juice	Assorted Juice	Assorted Milk	Assorted Juice	
Assorted Juice	Ketchup	Ranch Cup	Assorted Juice		
Ketchup			Ketchup		
Ranch Cup			Mustard		
Oct 27	Oct 28	Oct 29	Oct 30		Oct 31
Creamy Macaroni Cheese	Tangerine Chicken	Pizza Hut Cheese Pizza	Walking Taco	NO SCHOOL	
Carnival Cookie	Fried Rice	Batter Crispy Green	Lettuce Cup		
Steamed Corn	Imperial Oriental Blend	Beans	Assorted Fruits and Veggies	THAPPY-	
Strawberry Cup	Crispy Apple Slices	Wild Blueberries w/whip	Assorted Milk	HALIOWEEN	
Assorted Juice	Assorted Milk	topping	Assorted Juice		
Assorted Milk	Assorted Juice	Assorted Milk			
		Assorted Juice			
		Ranch Cup			