

CEDAR FALLS SCHOOLS
River Breakfast
HHFKA 9-12 (age 14-18)

Cedar Falls Community Schools

High School

Monday	Tuesday	Wednesday	Thursday	Friday
Apr 1 Cereal 1oz w/yogurt Mini Cinn/sugar Donuts Assorted Can Fruit Assorted Juice Assorted Milk	Apr 2 Cereal 1oz w/yogurt Egg Scramble Bacon & Cheese Mini WG Biscuit Assorted Can Fruit Assorted Juice Assorted Milk Jelly Cup	Apr 3 Cereal 1oz w/yogurt French Toast Sticks Assorted Can Fruit Assorted Juice Assorted Milk Syrup Cup	Apr 4 Cereal 1oz w/yogurt Cinnamon Roll -WG Assorted Can Fruit Assorted Juice Assorted Milk	Apr 5 Cereal 1oz w/yogurt Pottitz Pancake Bites Assorted Can Fruit Assorted Juice Assorted Milk
Apr 8 Cereal 1oz w/yogurt Breakfast Egg & Cheese Bagel Assorted Can Fruit Assorted Juice Assorted Milk Syrup Cup	Apr 9 Cereal 1oz w/yogurt Blueberry Muffin Top Assorted Can Fruit Assorted Juice Assorted Milk	Apr 10 Cereal 1oz w/yogurt Confetti Pancake Assorted Can Fruit Assorted Juice Assorted Milk	Apr 11 Cereal 1oz w/yogurt Egg Scramble Bacon & Cheese Mini WG Biscuit Assorted Can Fruit Assorted Juice Assorted Milk Jelly Cup	Apr 12 Cereal 1oz w/yogurt Early Risers Stuffed Hashbrown Assorted Can Fruit Assorted Juice Assorted Milk Ketchup
Apr 15 Cereal 1oz w/yogurt Mini Cinn/sugar Donuts Assorted Can Fruit Assorted Juice Assorted Milk	Apr 16 Cereal 1oz w/yogurt Egg Scramble Bacon & Cheese Mini WG Biscuit Assorted Can Fruit Assorted Juice Assorted Milk Jelly Cup	Apr 17 Cereal 1oz w/yogurt French Toast Sticks Assorted Can Fruit Assorted Juice Assorted Milk Syrup Cup	Apr 18 Cereal 1oz w/yogurt Cinnamon Roll -WG Assorted Can Fruit Assorted Juice Assorted Milk	Apr 19 Cereal 1oz w/yogurt Pottitz Pancake Bites Assorted Can Fruit Assorted Juice Assorted Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">Apr 22</p> <p>Cereal 1oz w/yogurt Breakfast Egg & Cheese Bagel Assorted Can Fruit Assorted Juice Assorted Milk Syrup Cup</p>	<p style="text-align: right;">Apr 23</p> <p>Cereal 1oz w/yogurt Blueberry Muffin Top Assorted Can Fruit Assorted Juice Assorted Milk</p>	<p style="text-align: right;">Apr 24</p> <p>Cereal 1oz w/yogurt Confetti Pancake Assorted Can Fruit Assorted Juice Assorted Milk</p>	<p style="text-align: right;">Apr 25</p> <p>Cereal 1oz w/yogurt Egg Scramble Bacon & Cheese Mini WG Biscuit Assorted Can Fruit Assorted Juice Assorted Milk Jelly Cup</p>	<p style="text-align: right;">Apr 26</p> <p>Cereal 1oz w/yogurt Early Risers Stuffed Hashbrown Assorted Can Fruit Assorted Juice Assorted Milk Ketchup</p>
<p style="text-align: right;">Apr 29</p> <p>Cereal 1oz w/yogurt Mini Cinn/sugar Donuts Assorted Can Fruit Assorted Juice Assorted Milk</p>	<p style="text-align: right;">Apr 30</p> <p>Cereal 1oz w/yogurt Egg Scramble Bacon & Cheese Mini WG Biscuit Assorted Can Fruit Assorted Juice Assorted Milk Jelly Cup</p>			

CEDAR FALLS SCHOOLS
Riverhills Lunch
HHFKA 9-12 (age 14-18)

Cedar Falls Community Schools

High School

Monday	Tuesday	Wednesday	Thursday	Friday
Apr 1	Apr 2	Apr 3	Apr 4	Apr 5
Chicken Tenders Garlic Breadstick Baked Beans Action Applesauce Cup Assorted Milk Assorted Juice Ketchup Ranch Cup	Mini Turkey Corn Dogs Steamed Golden Corn Sunshine Peaches Assorted Milk Assorted Juice Marinara Sauce Ranch Cup	Pizza Hut Sausage Pizza Green Beans Mighty Mandarin Oranges Assorted Milk Assorted Juice Ranch Cup	WG Breaded Chicken Sandwich French Fries Crispy Apple Slices Assorted Milk Ketchup Assorted Juice Mustard Ranch Cup	Pizza Crunchers Malibu Classic Vegetable Assorted Can Fruit Assorted Milk Assorted Juice Ranch Cup Chocolate Chip Cookie
Apr 8	Apr 9	Apr 10	Apr 11	Apr 12
Cheeseburger on a Bun Golden Pirates Steamed Corn Action Applesauce Cup Assorted Milk Assorted Juice Ketchup Mustard Ranch Cup	Walking Tacos (E) Fiesta Beans Strawberry Cup Sour Cream Taco Sauce Packet Assorted Milk Ranch Cup Assorted Juice	Pizza Hut Pepperoni Pizza Green Beans Wild Blueberries w/whip topping Assorted Milk Assorted Juice Ranch Cup	Tangerine Chicken Fried Rice Romaine Lettuce Fruity Slushie Assorted Milk Assorted Juice Tartar Sauce Ranch Cup	Popcorn Chicken Parmesan Peas Assorted Can Fruit Assorted Milk Assorted Juice Syrup Cup Ranch Cup

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">Apr 15</p> <p>Chicken Nuggets Garlic Breadstick Monster Mashed Potatoes W/Gravy Chicken Gravy Action Applesauce Cup Assorted Milk Assorted Juice Ketchup Ranch Cup</p>	<p style="text-align: right;">Apr 16</p> <p>French Toast Sticks Sausage Patty Hashbrown Patty Crispy Apple Slices Assorted Milk Assorted Juice Syrup Cup Ranch Cup</p>	<p style="text-align: right;">Apr 17</p> <p>Pizza Hut Sausage Pizza Green Beans Pot of Gold Pineapple Assorted Milk Assorted Juice Ranch Cup</p>	<p style="text-align: right;">Apr 18</p> <p>WG Breaded Chicken Sandwich Baby Carrots Wild Blueberries w/whip topping Assorted Milk Assorted Juice Ranch Cup Ketchup Ranch Cup</p>	<p style="text-align: right;">Apr 19</p> <p>Macaroni Cheese with Beef Lil' Smokies Chocolate Chip Cookie Baked Beans Assorted Can Fruit Assorted Milk Ranch Cup</p>
<p style="text-align: right;">Apr 22</p> <p>Egg Scramble Bacon & Cheese BARS, PUMPKIN, CREAM CHEESE FR Veggie Littles Sunshine Peaches Assorted Milk Assorted Juice Ketchup Ranch Cup</p>	<p style="text-align: right;">Apr 23</p> <p>Taco Beef & Cheese Burrito Refried Beans Topped with Cheese Lettuce Taco Cup Mighty Mandarin Oranges Assorted Milk Assorted Juice Taco Sauce Packet Sour Cream Ranch Cup</p>	<p style="text-align: right;">Apr 24</p> <p>Pizza Hut Pepperoni Pizza Cool Cat Cucumbers Action Applesauce Cup Assorted Milk Assorted Juice Ranch Cup</p>	<p style="text-align: right;">Apr 25</p> <p>Rotini w/ Beef Sauce Garlic Breadstick Romaine Lettuce Fruity Slushie Assorted Milk Assorted Juice Ranch Cup</p>	<p style="text-align: right;">Apr 26</p> <p>Cheese Stick Dipper French Fries Assorted Can Fruit Assorted Juice Assorted Milk Marinara Sauce Ranch Cup</p>
<p style="text-align: right;">Apr 29</p> <p>Chicken Tenders Garlic Breadstick Baked Beans Action Applesauce Cup Assorted Milk Assorted Juice Ketchup Ranch Cup</p>	<p style="text-align: right;">Apr 30</p> <p>Mini Turkey Corn Dogs Steamed Golden Corn Sunshine Peaches Assorted Milk Assorted Juice Marinara Sauce Ranch Cup</p>			

