

**Developmental Milestones**

Below are typical age ranges in which certain skills develop. Please keep in mind these are ranges, each child builds skills at their own pace and is highly dependent on their environment and exposure to each skill.

AGE	TYPICAL SKILLS
Birth to 6 months	<ul style="list-style-type: none"> <li>• Reaches for objects with palm</li> <li>• Follows moving objects with eyes</li> <li>• Lift head and chest while on stomach</li> <li>• Roll from stomach to back</li> </ul>
6-12	<ul style="list-style-type: none"> <li>• Releasing objects from hand</li> <li>• Roll from back to stomach</li> <li>• Put objects in mouth</li> <li>• Plays with both hands by touching them together</li> <li>• Sit unsupported</li> <li>• Begins crawling on hands and knees</li> </ul>
12-18	<ul style="list-style-type: none"> <li>• Pulls self up to stand with assistance of furniture</li> <li>• Pick small items (Cheerios) up with thumb and 1 finger</li> <li>• Begins walking</li> </ul>
18 months-2 years	<ul style="list-style-type: none"> <li>• Imitates scribbling with crayon</li> <li>• Can stack 3-4 cubes high</li> <li>• Learns to open simple containers</li> <li>• Can string a 1 inch bead</li> </ul>
2-2.5 years	<ul style="list-style-type: none"> <li>• Attempts to use a utensil for feeding</li> <li>• Builds a tower 6 cubes high</li> <li>• Pushes pants down/pulls pants up with some assistance</li> </ul>
2.5 years- 3 years	<ul style="list-style-type: none"> <li>• Dresses self with help for fasteners (buttons, snaps, zips, etc)</li> <li>• Snips edge of paper with scissors*</li> <li>• Imitates horizontal and vertical lines with crayon</li> </ul>

years- 3.5 years	<ul style="list-style-type: none"><li>• Feeds self with utensils</li><li>• Imitates lines and circles with crayon</li><li>• Cuts paper along line with scissors*</li></ul>
3.5 years- 4 years	<ul style="list-style-type: none"><li>• Washes and dries hands without assistance</li><li>• Imitates an adult drawing a square</li><li>• Begins to show hand preference</li></ul>
years-5 years	<ul style="list-style-type: none"><li>• Fastens large buttons and zips simple zipper</li><li>• Cuts out circle and square with scissors</li><li>• Copy a square, circle and rectangle from picture</li><li>• Can dress without much help</li><li>• Builds a 10 cube tower</li></ul>

\* indicates this skill is highly dependent on exposure and practice